



# Brooks Cafe

## August 2010



For reservations please call Nimira at least 24 hours in advance at **303-335-4931** or e-mail [BrooksCafe@ci.louisville.co.us](mailto:BrooksCafe@ci.louisville.co.us) Lunch is served at 12:00.

Suggested donation for 60+ \$3.00; 59 and under the cost is \$5.50. Food stamps/Quest Card accepted.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2 Watermelon Day</b> Pork Chops w/ Apple Stuffing Green Beans w/ Caramelized Onions & Water Chestnuts Watermelon Roll	<b>3</b> Chunky Vegetable Soup Seafood Salad w/ Lettuce & Tomato on a Croissant Waldorf Salad	<b>4 National Chocolate Chip Day</b> Country Fried Steak Mashed Potatoes Gravy Baby Green Salad Mixed Fruit WW Bread	<b>5 Brunch for Lunch</b> Cheesy Egg Strata Sausage Patties Home Fries Orange Wedges Blueberry Muffin	<b>6 Latte Day</b> Country Chicken Salad Sandwich Sweet Potatoes w/ Apples Mixed Greens Chocolate Strawberry Tart 
<b>9</b> Lemon Baked Fish w/ Lemon Spinach Salad Mandarin Oranges & Feta Cheese Oven Browned Sweet Potatoes Whole Grain Bread	<b>10 Movie Day</b> Taco Salad w/ Cheese, Salsa, Sour Cream in a Taco Shell Bowl Seasoned Corn Watermelon <b>Free movie and popcorn after lunch!</b> 	<b>11</b> Cheese Ravioli w/ Meat Sauce Tossed Baby Greens Salad Seasonal Fruit Toasted Garlic Bread	<b>12</b> Beef Stroganoff Egg Noodles Parsley Carrots Ruby Beet Salad Fresh Plum Bread	<b>13 Latte Day</b> Baked Ham Au Gratin Potatoes California Blend Veggies Orange Wedge Dinner Roll   <b>Friday the 13<sup>th</sup>!</b>
<b>16</b> French Dip Sandwich Sweet Potato Wedges Mixed Greens w/ Red & Yellow Tomatoes Fresh Peach	<b>17 Music Day - Singin' Senior's Perform!</b> Chicken Chow Mein & Chow Mein Noodles Oven Fried Rice w/ Veggies Garlic Snow Peas Seedless Grapes Bread 	<b>18 Lunch &amp; Learn</b> Braised Beef Over Noodles Glazed Carrots Fruit Cup Bread	<b>19</b> Meat Loaf w/ Gravy Mashed Potatoes Seasoned Corn & Spinach Cinnamon Applesauce Roll	<b>20 Latte Day</b> Pork Loin w/ Oven Roasted Rosemary Potatoes Peas & Carrots Mixed Green Salad Mixed Berries Roll 
<b>23</b> Hoagie Sandwich w/ Tomato & Lettuce Macaroni Salad Potato Chips Pickle Spear Fresh Peach	<b>24</b> Beef Teriyaki Brown Rice Garlic Mushrooms Mandarin & Pineapple Tidbits Rice Crackers	<b>25</b> Spinach & Cheese Lasagna Tossed Vegetable Salad Italian Green Beans w/ Tomatoes & Onions Watermelon Garlic Bread	<b>26 Birthday Day</b> Oven Fried Chicken Whipped Sweet Potatoes Summer Blend Veggies  Fresh Plum Roll <b>Birthday Cupcakes!</b>	<b>27 Latte Day</b> Swedish Meatballs Mashed Potatoes & Gravy Harvard Beets Almond Peaches Rye Bread 
<b>30</b>	<b>RECREATION CENTER AND BROOKS CAFÉ CLOSED FOR ANNUAL MAINTENANCE</b> <i>Enjoy lunch at the Lafayette Senior Center (303) 665-9052.            Your Louisville Rec/Sr Center Membership Pass is valid at the Bob L. Burger            Recreation Center in Lafayette during our closure.</i>			

**Lunch 'n Learn:** Lou Ann Dixon, RD presents educational topics at lunch.

**Birthday Day:** Celebrating the month's birthdays. Join us for a donation free lunch on the 20th if August is your birthday month!

\*Menu items based on availability of food items. Substitutions to menu items may be made without notice.  
 Chef Salad or Vegetarian option available upon request